

Endorsements

“The author has thought of just about every area of concern that can and does surface after the death of a mate, and she gives sound advice. This is a beautifully written easy-to-follow booklet – a must read not only for anyone who has lost a mate but also for those who want to help a grieving loved one.”

– Marie A. O'Neill
White Lotus Life Coaching

“Captures the essence of the emotional roller-coaster one experiences immediately after the death of a partner and capsulates the practical and emotional elements of the grieving process into one concise checklist for the bereaved. A must-read for any brokenhearted partner searching for guidance on how to cope and what step to take next.”

– Martin M. Auz
Coauthor of *Handbook for Those Who Grieve*

“Provides that all-important roadmap of concrete solutions for a world suddenly turned upside-down. This book is comforting, insightful, and informative, and I highly recommend it to the bereaved who seek support, tools, hope, and understanding for their grieving and healing.”

– Gloria Lintermans
Author of *The Healing*

“Judy Schreiber-Mosher's words, gentle and easy to understand, are salve for the broken heart. Short chapters, good advice, and blank check boxes make this a joy to read. Though I became a widow more than five years ago, its words still ring true. I wholeheartedly recommend this booklet.”

– Linda Della Donna
Author of *Mourning Joy?*

“This brief, easy-to-read guide for those who have lost a partner is packed with valuable insights and useful advice.”

– Laurie J. Spector, MSW, and Ruth Spector Webster, MSW
Coauthors of *Lost My Partner – What'll I Do?*

“The universal feeling after the death of a partner is ‘I cannot face my life alone.’ From the author of *How to Cope with the Death of a Partner* comes the clear message that they are not alone. . . . No better gift can be envisioned than this manual for someone who has lost a partner. It must be purchased ahead of time however, perhaps a number of them, and held until the moment is right to place it in the hands of someone you love.”

– Marta Felber
Author of *Grief Expressed When a Mate Dies*